

Year 4 Knowledge Organiser PSHE: Relationships



Key Vocabulary

jealousy	loss	guilt
memorial	negotiate	betrayal
despair	disbelief	appreciation



Knowledge

- I know some reasons why people feel jealousy
- I know that jealousy can be damaging to relationships
- I know that loss is a normal part of relationships
- I know that negative feelings are a normal part of loss
- I know that memories can support us when we lose a special person or animal
- I know that change is a natural part of relationships/ friendship
- I know that sometimes it is better for a friendship/ relationship to end if it is causing negative feelings or is unsafe

Social and Emotional Skills

- I can identify feelings and emotions that accompany jealousy
- I can suggest positive strategies for managing jealousy
- I can identify people who are special to me and express why
- I can identify the feelings and emotions that accompany loss
- I can suggest strategies for managing loss
- I can suggest ways to manage relationship changes including how to negotiate

