

# Year 5 Knowledge Organiser PSHE: Relationships



## Key Vocabulary

personal attributes	characteristics	Social network
grooming	screen time	personal information
privacy	SMART rules	gambling

Safe

Unsafe

I'm not sure

## Knowledge

- I know that a personality is made up of many different characteristics, qualities and attributes
- I know that belonging to an online community can have positive and negative consequences
- I know that there are rights and responsibilities in an online community or social network
- I know that there are rights and responsibilities when playing a game online
- I know that too much screen time isn't healthy
- I know how to stay safe when using technology to communicate with friends

## Social and Emotional Skills

- I can suggest strategies for building self esteem for myself and others
- I can identify when an online community / social media group feels risky, uncomfortable, or unsafe
- I can suggest strategies for staying safe online/ social media
- I can say how to report unsafe online / social network activity
- I can identify when an online game is safe or unsafe
- I can suggest ways to monitor and reduce screen time
- I can suggest strategies for managing unhelpful pressures online or in social networks

