

All Saints Active Challenge

This week's challenge is...

Reactor Catch



How to play...

> Your partner has a ball in each hand. They drop one ball and you must catch it before it bounces twice!

Check our YouTube channel for a demo!

Build your Co-ordination and catching skills!

Want an extra challenge?



> See how many you can catch in a minute!

> One handed catch only

> Don't let it bounce!

Who will win?

Week 8!



The Daily Mile™