ALL SAINTS MULTI ACADEMY TRUST
BIRMINGHAM
GOD'S LOVE IN ACTION

Whole School Curriculum Map

Physical Education (PE)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**Invasion activities** (space)	**Dance**	**Gymnastics**		**Games & skills**	
Key Stage One	**Striking & Fielding** Introduce basic throwing, catching and rolling skills. **Net/Wall Games** Introduce basic coordination skills using a racket.	**Invasion Games** Children learn importance of space, and learn how to pass a ball. **Gymnastics Unit 1 (Floor)** Floor skills and routines including rolls and balancing.	**Gymnastics Unit 2 (Apparatus)** Progress skills onto large apparatus. Focus on jumping and landing. **Net/Wall Games** Start to hit a ball and progress to returning a shot.	**Healthy Lifestyle** Themed lessons designed to look into healthy foods, teeth and hygiene in fun active games. **Invasion Games** Introduce basic attacking and defending skills.	**Outdoor & Adventurous Activities** Problem solving tasks, and use exploration skills during games. **Dance** Develop children to create their own movements with rhythm.	**Athletics** Develop children's knowledge in athletic events. Participate in various events. **Striking & Fielding** Using earlier unit skills, introduce gathering and batting components.
Lower Key Stage Two	**Striking & Fielding** Learn to gather the ball effectively and get into simple games. **Net/Wall Games** Able to return a shot consistently and start to perform a rally.	**Invasion Games** Pass and move in various games, developing variation and skill. **Performing Arts (Gym & Dance)** Create sequences	**Net/Wall Games** Learn different types of shots to add variation to their skill set. **Invasion Games** Attack and defending skills as a team.	**Invasion Games** Children to play team sports and introduction to tactics. **Striking & Fielding** Small games, work towards being consistent in fielding skills.	**Outdoor & Adventurous Activities** Use simple maps to problem solve in tasks. **Healthy Lifestyle** Learn about 'energy', sugar levels and what is and isn't healthy for us.	**Athletics** Understand the difference and take part in track and field events. **Invasion Games** Children to play team sports and apply tactics in different games.
	All UKS2 units are to prepare children for competitions. This includes creating tactics, varying styles of play and create/take part in scenarios similar to competition.					
Upper Key Stage Two	**Competitions** Level 1 - Basketball	**Competitions** Level 1 - Dodgeball Level 2 – Football B Team	**Competitions** Level 1 - Tennis Level 2 – Girls Football	**Competitions** Level 1 – Cricket & Rounders Level 2 - Hockey	**Competitions** Level 1 - Athletics Level 2 - Handball	**Competitions** Level 1 - Football