

KS1 – Year 2 – Medium Term Plan			
Term	Topic/LO	Success Criteria	Resources/Ideas
Summer- Relationships Health and Wellbeing	<p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</p> <p><u>LO: To be able to recognise and identify hurtful behaviour</u></p>	<ul style="list-style-type: none"> I can recognise hurtful behaviour, including online and what to do or whom to tell if I see or experience it I can identify different types of bullying and recognise how someone may feel if they are being bullied I know the difference between good secrets (surprises) and bad secrets (things that make me feel uncomfortable or worried, and how to get help) I know who to ask for help if someone pressures me to do something that makes me feel uncomfortable, worried or unsafe 	Scenarios Role play Discussion Sorting Social stories
	<p>Recognising things in common and differences; playing and working cooperatively; sharing opinions</p> <p><u>LO – To understand that we have similarities and differences but can still work cooperatively</u></p>	<ul style="list-style-type: none"> I recognise that there are things I have in common with their friends, classmates, and other people I know friends can have both similarities and differences I know how to play and work cooperatively with different groups and in different situations I know how take part in discussions, I listen, share ideas and give reasons for my views 	Problem solving activities Team building games Discussion and scenarios
	<p>Growing older; naming body parts; moving class or year</p> <p><u>LO – To understand that that when we grow, our body and responsibilities change</u></p>	<ul style="list-style-type: none"> I understand the human life cycle and how people grow from young to old I know our needs and bodies change as we grow up I can identify and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) I know that as people grow up, they gain new opportunities and responsibilities I prepare to move to a new class and set goals for next year 	Name and label body parts Video Science link

LKS2 - Year 4 – Medium Term Plan			
Term	Topic/LO	Success Criteria	Resources/Ideas
Summer- Relationships Health and Wellbeing	<p>Responding to hurtful behaviour; managing confidentiality; recognising risks online</p> <p><u>LO: To be able to recognise, manage and respond to hurtful and inappropriate behaviour including online</u></p>	<ul style="list-style-type: none"> • I know the difference between playful teasing, hurtful behaviour and bullying, including online • I know how to respond if I witness or experience hurtful behaviour or bullying, including online • I recognise the difference between ‘playful dares’ and dares which put me or someone under pressure at risk, or makes them feel uncomfortable and know how to manage this • I know when it is right to keep or break confidence or share a secret • I recognise risks online such as harmful content or contact • I know people may behave differently online including pretending to be someone they are not • I know how to report concerns and seek help if worried or uncomfortable about someone’s behaviour, including online 	Sorting activity Scenarios Videos Roleplay Discussion Debate
	<p>Respecting differences and similarities; discussing difference sensitively</p> <p><u>LO: To understand and respect our similarities and differences</u></p>	<ul style="list-style-type: none"> • I recognise differences between people such as gender, race, faith • I recognise what they have in common with others e.g. shared values, likes and dislikes, aspirations • I know the importance of respecting the differences and similarities between people • I use vocabulary to sensitively discuss difference and include everyone 	Vocabulary games Vision boards Who am I? What makes me, me Discussion Poetry
	<p>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</p> <p><u>LO: To understand the physical and emotional changes of puberty</u></p>	<ul style="list-style-type: none"> • I can identify external genitalia and reproductive organs • I understand the physical and emotional changes during puberty and know strategies to manage this • I know how to get information, help and advice about puberty, such as discussing the challenges with a trusted adult • I know the importance of personal hygiene routines during puberty including washing regularly and using deodorant 	Discussion Videos Q & A

PSHE – Cycle B
Summer - 21/22

UKS2 - Year 6 – Medium Term Plan			
Term	Topic/LO	Success Criteria	Resources/Ideas
Summer- Relationships Health and Wellbeing	<p>Recognising and managing pressure; consent in different situations</p> <p><u>LO: To recognise and manage pressure on and off line</u></p>	<ul style="list-style-type: none"> • I compare and identify the features of a healthy and unhealthy friendship • I know the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong • I know strategies to respond to pressure from friends including online • I can assess the risk of different online ‘challenges’ and ‘dares’ • I recognise and respond to pressure from others to do something unsafe or that makes me feel worried or uncomfortable • I know how to get advice and report concerns about personal safety, including online • I know what consent means and how to seek and give/not give permission in different situations 	Discussion Role play Scenarios Videos
	<p>Expressing opinions and respecting other points of view, including discussing topical issues</p> <p><u>LO: To be able to express your opinion and respect other’s point of view</u></p>	<ul style="list-style-type: none"> • I understand the link between values and behaviour and how to be a positive role model • I know how to discuss issues respectfully • I listen to and respect other points of view • I know how to constructively challenge points of view I disagree with • I know ways to participate effectively in discussions online and manage conflict or disagreements 	
	<p>Human reproduction and birth; increasing independence; managing transition</p> <p><u>LO: To manage transition</u></p> <p><u>L.O: To understand human reproduction</u></p>	<ul style="list-style-type: none"> • I know what being more independent might be like, including how it may feel • I understand the transition to secondary school and how this may affect the way I feel • I know that relationships may change as I grow up or move to secondary school • I identify the links between love, committed relationships and conception • I know what sexual intercourse is, and how it can be one part of an intimate relationship between consenting adults • I know how pregnancy occurs i.e. when a sperm meets an egg and the fertilised egg settles into the lining of the womb • I know that pregnancy can be prevented with contraception² • I know the responsibilities of being a parent or carer and how having a baby changes someone’s life • I know the key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams (removed from year 4 LKS2) 	Scenarios Videos Reading timetables